

# That of the Week

By Kevin Donka, D.C.

## Stupid Bodies, Smart Drugs and Microchips

Reuters is reporting that VeriChip Corp has been granted an exclusive license to two patents for implantable biosensor virus detection systems in humans that can detect the H1N1 and other viruses, and biological threats such as methicillin-resistant Staphylococcus Aureus.

*“If we can teach our bodies to recognize and destroy cancer cells through the use of these new vaccines, well, the possibilities are really, really exciting!”* This statement was made on WGN Radio in Chicago this week in an interview with Dr. Kevin Most, Vice President of Medical Affairs at Central Du Page Hospital near Chicago.

At first, you may think these “breakthroughs” sound really amazing and exciting. But the problem I have with both of them is that in order to invent these things for our bodies, you must first make an assumption. That assumption is that our bodies are not capable of handling the problems these new technologies are designed to deal with. It’s true that sometimes it seems as though we CAN’T handle cancers and viral infections, especially the way the pharmaceuticals use the media to propagate the fears that we can’t live without drugs. But the truth is, if allowed to function as it was designed to, your body not only CAN handle cancers and infections, it DOES – EVERY DAY!

You already have a “virus detection system” in your body; it’s called your immune system and it is controlled through your brain and nerve system. Normally, anytime an “intruder” enters your body, it is recognized as such and your body takes immediate action to deal with it. However, if your body is too busy trying to deal with the consequences of negative thinking, an unhealthy lifestyle or an interruption in your brain-body connection, effective responses are less likely. Did you know you are continually surrounded by bacteria and viruses, but you never notice because your immune system is handling them?

As far as cancer goes, *everyone on the planet today has cancer cells in their bodies right now.* It’s true! A cancer cell is nothing more than a cell that has mutated and can no longer perform its normal function. As you are reading this, your immune system is in the process of identifying and destroying these mutated cells in YOUR body, and replacing them with normal, healthy, functioning cells. That is, as long as it is ALLOWED to do so. The same three things mentioned above (negative focus, unhealthy lifestyle, and loss of brain-body connection) will affect your ability to find and destroy all of your cancer cells. But YOU are quite literally curing yourself of cancer all the time!

You see the problem with people who are suffering from infections and cancers is not that they HAVE something they shouldn’t have and need to get rid of; the problem is really that they have LOST something they need! They have lost their natural and dynamic state of health, harmony and ease!

Is the answer to add more detection systems into the body or try to “stimulate” our immune systems to work better with drugs that are “smarter” than our poor, stupid, badly designed bodies? Or, does it make more sense to simply take steps to make sure the amazing system that has served us so well throughout our time on this planet can work the way it was designed to?

Science is always trying new things and coming up with new theories that are later found to be untrue and even dangerous. Even things we have accepted without question turn out later to be totally wrong. Doctors have been cutting out people’s appendix for years, but just last month (August, 2009), a medical researcher at Duke University said, “The appendix is a lot more than a useless remnant. Not only was it recently proposed to actually possess a critical function, but scientists now find it appears in nature a lot more often than before thought. And it’s possible some of this organ’s ancient uses could be recruited by physicians to

help the human body fight disease more effectively.” Help *physicians* fight disease more effectively? WHY?! Why not just let it do its job?!

The arrogance here is simply overwhelming to me! Our bodies were designed to carry us through our lives while not only *handling* the stresses we encounter, but helping us actually grow stronger because of them! Science keep trying to tell us that we are weak, defective and prone to illness and injury and that we live in a very dangerous world. It tries to scare us into believing we need drugs and surgeries and implantable microchips just to survive. Medicine is amazing as crisis care, but when we take crisis care and masquerade it as health care, we end up with a sick society!

### **We should use science to better understand the working of God, not to replace God!**

A Chiropractor friend of mine relates a conversation with his brother, an MD. His brother told him that we chiropractors never change; we just stick with the same theories that were around over 100 years ago, whereas medicine is always changing. My friend Tedd simply replied, “You only need to change what doesn’t work!”

The most basic tenants of chiropractic and our major premise state:

- 1) A universal intelligence is in all matter and continually gives to it all its properties and actions, thus maintaining it in existence.
- 2) The expression of this intelligence through matter is the chiropractic meaning of life.

### **You are designed for greatness; don’t ever let anyone tell you otherwise!**

The intelligence residing within you needs no help from the outside; it just needs to be free to fully express itself in, through and as you! All you need to do is love yourself enough to take care of your body by following our very simply three-step formula;

- 1) **Keep a Positive and Deliberate Focus.** Negative thoughts = negative emotions, and negative emotions ALWAYS cause DESTRUCTIVE biochemistry. But Positive thoughts = positive emotions, and positive emotions ALWAYS cause HEALING and CONSTRUCTIVE biochemistry.
- 2) **Live a Healthy Lifestyle** that minimizes poisons and supplies your body with everything it needs to do everything your Innate Intelligence is asking it to do including functioning, adapting to stress, healing and growing stronger!
- 3) **Keep Your Brain-Body Connection Clear.** This requires a spine that is aligned and functioning properly because of the intimate connections between your spine and nerve system. A clear nerve system allows your innate intelligence to correctly comprehend and effectively respond to everything both internally and in your external environment.

ACCEPT your importance; EMBRACE your greatness; CELEBRATE who you are and the POWER you have inside, and then follow the three-step formula above. Then when you read or hear a report about some new drug or technology that claims to be able to “make you better,” you can simply smile, relax, and KNOW that you are PERFECT just the way you are.



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