

Recipe of the Week

Stuffed Turkey Burgers

I was surprised to find that these burgers were actually quite good! After my husband and I ate, we didn't feel loaded down and greasy like we do when we eat a normal hamburger. I will make these again!

Makes 4

Ingredients

1 1/4 pounds lean ground [turkey](#) breast

1/2 cup chopped roasted red peppers

1/2 cup shredded part-[skim mozzarella](#) cheese

1/4 teaspoons salt

Freshly ground black pepper



Method

Divide turkey into 4 equal sized rounds. Make 2 equal sized patties out of each round so you have 8 patties total. Sprinkle 4 of the patties with 2 tablespoons red peppers and [cheese](#), and top with remaining patties, working the turkey around the edges to seal burgers closed. Season with salt and a few grinds of pepper. [Grill](#) or [broil](#) until cooked through, about 5 minutes per side.

<http://www.foodnetwork.com/recipes/ellie-krieger/stuffed-turkey-burgers-recipe/index.html>

